#CREATE A STIR WITH NOLA AND TINA'S FLAVOURSOME FILLINGS



LOOKING TO MAKE SARMIES OR WRAPS EXTRA TASTY? TRY TINA'S FLAVOURSOME FILLERS.

CHICKEN MAYO SANDWICHES

Serves 4

INGREDIENTS:

125ml Nola Original Mayonnaise 2 tbsp (30ml) hot chutney 8 slices crusty seeded country loaf 200g shredded cooked chicken Seasoning

METHOD:

Sliced cucumber and crispy lettuce to serve

Mix the Nola Original Mayonnaise and chutney together.

Spread a dollop on the bread and mix the rest with the chicken, season to taste.

Top the bread with the lettuce,

sandwich together.

cucumber and chicken mayo and

Serves 4

TUNA MAYO WRAPS

INGREDIENTS:

2 (170g) cans tuna in brine, drained

250ml Nola Original Mayonnaise

¼ cup (60ml) gherkins, chopped 1/4 cup (60ml) red onions, chopped Small handful of parsley, chopped Juice and zest of 1 lemon Salt and Pepper / Seasoning to taste 1 cup lettuce, shredded 1 medium carrot, sliced ¼ cucumber, cut into matchsticks 4 wraps METHOD:

Mayonnaise, gherkins, red onions, parsley, lemon zest and juice together

Mix the tuna, Nola Original

and season to taste. Divide the lettuce, carrots and cucumber between the wraps.

Spread the tuna in the centre of each

wrap, fold and roll up.

INGREDIENTS:

EGG MAYO SANDWICHES

Serves 4

Seasoning 8 slices soft white bread Rocket or watercress to serve METHOD:

250ml Nola Original Mayonnaise

1 tsp (5ml) wholegrain mustard

Place the eggs in a pot and cover with

3 eggs

cold salted water and bring to the boil. Reduce the heat to a simmer and cook

for 5 minutes.

Drain and cool in cold water.

Peel the eggs and mash with half the Nola Original Mayonnaise and mustard, and season to taste.

Spread the remaining Nola Original

Mayonnaise on the slices of bread and add rocket or watercress to 4 of the slices.

